



Waterloo is 150 years old
Visit the Canadian Clay & Glass Gallery exhibit which showcases the city's past.

Feature 8

SPOKE

A learning newsroom for journalism students

Holocaust survivor speaks out
Students learn what it was like to be Jewish during the Second World War.

News 11

New vaccine for cervical cancer
There is now hope for young women fighting the HPV virus.

News 11

Monday, March 26, 2007

Conestoga College, Kitchener, Ont.

www.conestogac.on.ca/spoke

39th Year — No. 11



(Photo by Tiffany McCormick)

Students indulge their sweet tooth

First-year public relations students Megan Gill, Matt Reidel, Darlene Shepard and Liz Whiddis hosted a bake sale on March 14 in the Conestoga Students Inc. boardroom to raise money for the second year public relations graduation banquet. The students also held the bake sale as an event planning assignment.

Students show their support

By MEGHAN KRELLER

With the help of first-year law and security administration/police foundations students, some Canadian soldiers in Afghanistan should feel a little more at home this spring.

Along with their professor Andy Knetsch, the group of students has been working together for more than a month to gather goods and create care packages to send overseas in mid-April.

"(Afghanistan) has to be one of the worst places to be right now," said committee member, Louis Collver. "Any extras we can give them from home could make it just a little better."

After being approached with the idea by Knetsch, who teaches a political science and public administration course, a committee of about 10 students was formed. The

group has gone to different corporations, smaller businesses and even elementary schools to gather supplies.

"We've been getting a lot of support regarding donations," said Collver.

From Zellers' donation of about 300 tubes of toothpaste, to simple crafts from an elementary school, every contribution makes a difference, he said.

"We've been getting a lot of support regarding donations."

*Louis Collver,
committee member*

"Even if it's a finger-painting from a kindergarten student, it's something."

Knetsch said, although he knows

war is a touchy subject, this project is to show support specifically for Canadian troops.

"Whether one agrees with it or not, the reality is we have men and women serving in Afghanistan," said Knetsch. "This is to let them know they are not forgotten."

Although the project has no effect on the students' marks, it benefits them by getting them actively involved in the political process, said Knetsch.

"By doing this, it makes students aware that, although the world is a big place, they can make a difference," he said.

Students can show their support by dropping off supplies to the CSI help desk area, between Doors 3 and 4, by the end of March. From toiletries to used books or CDs, everything is appreciated, said Collver.

one of the more remote parking lots, safety and security services supervisor John Tribe said the location of the vehicle is not the only thing that makes it attractive to thieves.

"You'd think that this only happens in a remotely located lot, and that's not true," said Tribe, adding that which vehicle is broken into depends more on the vehicle than its location.

In related news, there was a

fraudulent 911 made from the rec centre on March 10.

An unknown person used 911 to contact the police at 9:50 a.m.

Police are currently investigating the incident, which could result in public mischief charges being laid.

Tribe said this is not the first time this has happened. "We had some (similar occurrences) around a year ago," said Tribe. "It does happen occasionally."

Conestoga students on top of loans

College has the lowest student loan default rate in Ontario

By JESSICA BLUMENTHAL

Conestoga is at the top of its class again.

The Ontario Ministry of Training, Colleges and Universities released its 2006 loan default report for OSAP. Conestoga came out No. 1 with the lowest student loan default rate of any Ontario college or institute, at 8.4 per cent.

"Conestoga students have always been good at paying back their loans," said Mike Dinning, vice-president of student affairs.

The loan default rate indicates that students get a good value for their education and have high employment upon graduation, he said.

"Conestoga students have always been good at paying back their loans."

*Mike Dinning,
vice-president of
student affairs*

The rates in the 2006 report reflected students who were issued an Ontario Student loan in 2003-04, but who did not receive a loan in 2004-05, and who defaulted on loan repayment obligations as of July 2006.

The average default rate for the Ontario college system was 13.6 per cent. The other colleges on the list included private colleges. In the 2003-04 academic year, 20,776 loans were issued provincially.

The National Student Loan Service Centre (the agency responsible for distribution and collection of student loans across the country) could chase you to get your money, Dinning said, but they don't need to because students pay them back out of good faith and because they are getting jobs. If students have the money, they will pay it back.

When comparing Conestoga to other colleges, northern colleges, such as Northern College, have higher default rates because students have a lack of opportunity.

The northern colleges have default rates in the low 20 per cent bracket.

"The default rate speaks to the quality of the institution. It is the sum total of the people that make it up, students, faculty and staff."

Everyone takes pride in Conestoga."

Dinning

The job opportunity in this region is higher than in the north, which helps contribute to a lower rate.

"It's geography defining employment," said Dinning. "We are very fortunate in this region."

Post-secondary sectors show universities with an overall default rate of 5.7 per cent, and private career colleges with a rate of 16.8 per cent and other private and public institutions with a rate of 6 per cent.

"It's a hierarchy based on employment rates and the quality of education," Dinning said.

In order to make paying loans back easier, you can negotiate payments based on income.

Dinning feels Conestoga has informed consumers, in terms of knowledge of payback options.

Conestoga also has a higher graduation rate than other colleges, which is a contributing factor.

From start to finish of a program, 67 per cent of students graduate compared to other colleges which have about 50 per cent of students graduate.

"When you put all the right ingredients in a soup, it will add up and taste how it should," he said. "The default rate speaks to the quality of the institution. It is the sum total of the people that make it up, students, faculty and staff. Everyone takes pride in Conestoga."

The complete student loan default rate tables for 2006 are available at <http://osap.gov.on.ca>.

Police investigating second theft on campus

By ADAM HANNON

Waterloo regional police are investigating the second theft from a vehicle at the college this semester.

On March 12 a student's vehicle was broken into in Lot 3.

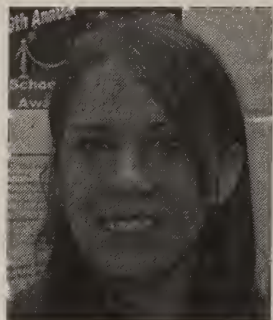
A stereo system was stolen from a red 1992 Honda Prelude sometime between 10 a.m. and 9 p.m. that day.

Although the theft occurred in

Now deep thoughts ...with Conestoga College

Random questions answered by random students

What is the worst sound ever?



"A fart, it's embarrassing regardless."

Jacqui Rhyno,
first-year
graphic design

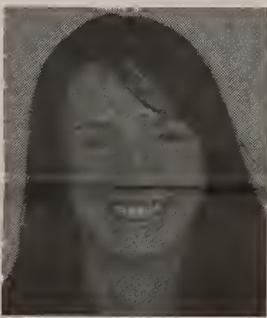
"Popping out your elbow."

Arlen Silvestri,
first-year
management studies



"My fitness instructor screaming at me, telling me to hurry up and go."

Sarah Macintyre,
first-year
LASA/police foundations



"My alarm clock."

Pamela Sherman,
first-year
LASA/police foundations



"A fork on a plate."

Tommy Wilson,
first-year
LASA/police foundations



"A woman whining."

Scott Bolton,
third-year
cabinet maker apprentice



Residence gym really working out

By KRISTIN GRIFFERTY

Students at Conestoga residence are sweating, but this time it's not over essays and class deadlines.

On March 4, students were allowed to access the new workout room in residence, as part of an on-going plan to renovate and accommodate requests from students living in the building.

What began as a needs assessment survey conducted by recreation and leisure student Kelly Bulley, has turned into a new and improved facility overall, and students in residence couldn't be happier.

The assessment was completed at the end of December and showed that 64 per cent of students were looking for a cardio room, eight per cent for an arcade and seven per cent for a karaoke machine and new couches.

With new arcade machines and a newly purchased jukebox from eBay, a cardio room seemed like the next logical step to keeping students happy.

Ryan Connell, residence life coordinator at the Conestoga residence, said the assessment made a

huge impression with staff and that they are more than happy to help out with student needs and requests.

"The students are really happy to see we're making pro-active

plies the rec centre.

All machines are second-hand but look new.

Connell said student feedback about the new room has been great, and the turnout appears to be even better.

However, he said the room is never crowded and they have yet to have any complaints.

The room is still waiting to be equipped with a television, but Connell said the right steps have been taken to get it installed as quickly as possible.

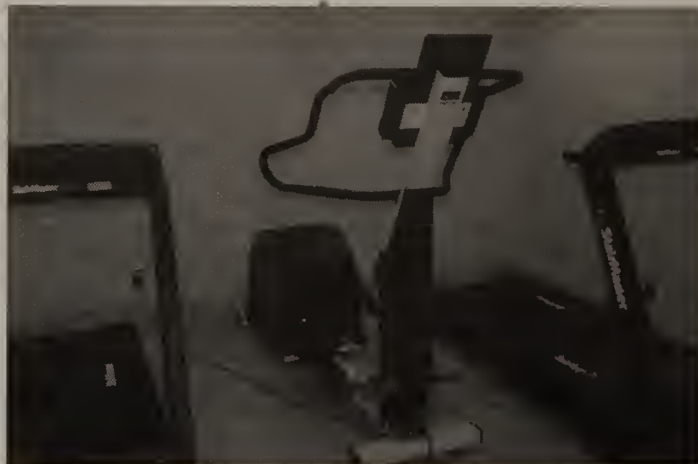
While this new facility is an added bonus for students living in residence, the building overall will benefit when

it turns into a hotel in the summertime.

"It's a good quality to market to guests in the summer," said Connell. "It helps up-sell the facility as one more great thing we have to offer."

Students need to stay tuned to what is happening over at residence, as changes are being made every day.

Anyone with ideas can visit Connell, or his staff, over at residence.



(Photo by Kristin Grifferty)

Student residents will now be able to pump themselves up in the new gym area that opened March 4. The facility features two treadmills, one elliptical machine, a stationary bike, two yoga balls and two yoga mats.

changes for their benefit," said Connell. "We really want to help."

The new workout facility holds two treadmills, one elliptical machine, a stationary bike, two yoga balls and two yoga mats.

The room is open 24 hours a day, seven days a week, and it features security cameras for the safety of the students.

The room cost approximately \$13,000 to outfit, with equipment purchased from a local exercise equipment dealer who also sup-

Gambling consumed Conestoga student

By PEGGY O'NEILL

Gambling can take on many forms. It happens not just in casinos but also takes place in stores, in people's homes, during friendly games of cards and, even more commonly, during any kind of sporting event.

Eighteen to 24 year olds have the highest number of people with moderate to severe gambling problems.

Warning signs of a gambling addiction include talking a lot about gambling, spending more time and money than a person can afford on it, finding it hard to stop, borrowing money from friends, lying, neglect and chasing losses.

Susan Saundercook,
Friends 4 Friends

Most young adults start gambling around this age because they think it is fun and entertaining, not that risky and a good way to socialize, but it's also an easy way to lose your tuition money and gain a dangerous addiction.

Brent Kelley, a pseudonym, is a Conestoga student who just realized the significance of his own

gambling addiction.

Kelley started gambling with his older brothers around the age of 15, mostly on sports and Proline. However around the legal drinking age he started going to casinos and betting on poker games as well.

Kelley realized he like gambling right away and started doing it as a hobby, but never considered it to be dangerous.

"I didn't seek help or counselling, because I wasn't addicted to it," he said. "I've always enjoyed competition and that's kind of what betting on Proline felt like to me."

By his first year in college he was making five to six bets a week on Proline because he thought it made watching games more interesting.

"If you're watching a game that you've got a lot money on, it for sure gives you a big rush," he said.

Most of Kelley's bets were smaller but he was still only winning about once every five games.

"I definitely lost a lot more money than I won," he said. "But I still don't regret it."

Since he spent most of his money during his first year of college on gambling, alcohol and food, he has learned to have more control over his bad habit.

"I only bet maybe once or twice a week now, which feels like nothing compared to last year," he said.

He now takes into consideration

all of the money he lost last year on gambling, and is trying to stop that from happening again this year.

Susan Saundercook, from the gambling helpline Friends 4 Friends, said some early warning signs of a gambling addiction include talking a lot about gambling, spending more time and money than a person can afford on it, finding it hard to stop, borrowing money from friends, lying, neglect and chasing losses. This is when someone keeps going after "the big win."

Friends 4 Friends is part of the Responsible Gambling Council, an independent, non-profit organization committed to preventing problem gambling. Their website has lots of information ranging from statistics to prevention and how to get help for a gambling problem.

"We're more on the prevention side of things," Saundercook said. "We do several prevention campaigns all year round and educate young adults on how to keep gambling on the safe side."

HELP AVAILABLE

A gambling addiction can be a devastating one, but it can also be defeated.

If you or someone you know has a gambling problem, visit friends4friends.ca or call the St. Mary's Hospital gambling program at 519-745-2585.

Smile Conestoga, you could be our next respondent!

Mardi Gras - Conestoga style



(Photo by Tara Ricker)

Students dressed lavishly and were garnished with beads when they entered the Mardi Gras dance in the Sanctuary on March 15.

By TARA RICKER

Conestoga College students partied Cajun style when the spirit of Mardi Gras hit the college on March 15.

The event was held by Conestoga Students Inc. (CSI) in the Sanctuary.

The night had a rather mild start as there were only about 30 people in attendance after doors opened at 9 p.m. but the night spiced up around 11 p.m. as students crowded the dance floor, and by 11:30 p.m. there were 230 students in attendance.

"CSI was really pleased with the turnout since the event fell on the same week as St. Patrick's Day," said event programmer Lindsay Silva of CSI.

Silva said next year instead of hosting another Mardi Gras, CSI may plan a pre-St. Patrick's Day event.

Mardi Gras included many of the regular features associated with most CSI events. These included a lit-up dance floor, a cash bar and heart-pounding music, thanks to the talent of DJ Flash.

As students arrived at the door they were garnished with beads in purple, gold and green, the authentic colours of Mardi Gras.

Some female students in attendance wore bright colourful boas while others chose to wear their phone numbers taped to their backs.

Mardi Gras was an all age's event and students 19 years of age or older received a bracelet at the door so they could be served alcohol. To prove

they were of legal drinking age, students needed a valid photo ID to get into the Sanctuary. Student cards and a \$2 cover charge were also required at the door.

Four male students who attended the event had their own idea of heating up the night by attempting to start a fire in the E-wing while the event was taking place.

"CSI was really pleased with the turnout since the event fell on the same week as St. Patrick's Day."

Lindsay Silva,

CSI event programmer

Larry Stuart, a first-year computer programming student, and Richard Petan, a third-year robotics and animation student, were working security that night and stumbled upon the mischievous behaviour.

"We were doing a routine check of the hallways around 12:45 a.m. when we saw one of the four guys holding a piece of paper that they had lit on fire," said Stuart.

As soon as the four students saw Stuart and Petan they immediately put out the fire, apologized for their behaviour and left the premises.

"The two police officers who were present at the event did not get involved and the incident was quickly dismissed," said Stuart.

World issues highlighted at poster display

By BECKY SHARPE

Students from the human services foundation program impacted Conestoga with a diversity poster display March 16.

More than 30 students were involved and wearing stop racism in Canada stickers, during the display of nine posters showing a diverse selection of world issues. They included tattoos, young newcomers, child prostitution, media and a child's mind, the death penalty, eating disorders in athletes, traditions of the Japanese geisha, LGBT (lesbian, gay, bisexual and transvestite) family influence and the Aboriginal and land disputes.

Crystal Kranz, a student in the human services foundation program and one of the six students who created the young newcomers display, said students who've come from other countries are crucial to Canada's success.

"It's difficult for students who have immigrated to be successful in this country when Catholic and Christian schools are the only available religious choice in education," she said.

Immigrated female students are harassed more than males, she said, and males are racially attacked more than females.

"It's becoming a problem."

Eric Humphreys, one of the seven students

who created the Aboriginal and land disputes display, said the historic landmark called the inukshuk no longer stands as just a landmark for where Aboriginal people have been.

"The inukshuk now stands as a territorial mark to divide aboriginal land from the Canadian governments," he said.

Lisa Mariano, from the same group, said Waterloo plays a roll in aboriginal land disputes.

"A large per cent of the southeast region of Waterloo is native," she said.

Erica Steele, one of the eight students who created the tattooing display, said her group's motto is "think before you ink."

"Tattoos are becoming more widely accepted when you're applying for a job today but you still have to remember a tattoo is permanent and can sometimes affect your career," she said.

Brian Deverell, one of the seven who created the LGBT and family influence display, said a different lifestyle choice shouldn't mean you're treated differently.

"More than 50 per cent of teens who are 'in the closet' and are oppressed turn to suicide," he said.

It's a very touchy subject and families need to learn to be more accepting of their family member's choices, said Deverell.



(Photo by Becky Sharpe)

Students from the human services foundation program, from left, Taylor Pratt, Brian Deverell, Joscelyn Guindon, Sam Toma, Kristi Enders, Kelly MacKenzie and Alanna Agnew, share information about the treatment of lesbians, gays, bisexuals and transvestites at the March 16 diversity poster display.

No respect for elderly

At one time, elders were admired for their wisdom and life experience. Things have certainly changed. Seniors are now easy targets for abuse and fraud.

The Record had a story on March 12 about a 101-year-old New York woman who was beaten and robbed right outside her apartment building. A man went to hold the door open for the woman, turned and punched the woman in the face and stole her purse which only contained \$33. She suffered a fractured cheekbone.

These kinds of incidents are growing rapidly. In a study done by the Canadian Department of Justice, 7 per cent of people over the age of 65 have experienced some form of abuse and 65 per cent of the people abused are women.

These kinds of incidents are growing rapidly. In a study done by the Canadian Department of Justice, 7 per cent of people over the age of 65 experiences some form of abuse and 65 per cent of the people abused are women.

Many of these people are our parents and grandparents.

Many are war veterans, people who fought for the freedoms we take for granted every day.

Why must we feel the need to force these people into nursing homes? Is it because they're an inconvenience to society? Why are they constantly the victims of abuse and fraud? Is it because they're an easy target because they're fragile? These are pathetic excuses to push away our seniors and ignore the abuse they suffer. We must find a way to cherish them and set an example for future generations, because we're all one day going to end up old too.

The mugger also assaulted a second victim; an 85-year-old woman was punched in the face and had her purse stolen which only contained \$32.

In a Canadian incident, in Nova Scotia a woman in her 80s had her mouth taped shut by nurses for acting up at the nursing home where she resides. The nurses then proceeded to draw a happy face on the tape. Neither of the nurses was fired for their actions. One received a five-day suspension, the other received 10 days.

These are pathetic excuses to push away our seniors and ignore the abuse they suffer. We must find a way to cherish them and set an example for future generations, because we're all one day going to end up old too.



We need to get on the right track and cherish our seniors.

A break in tradition

In May 2004 a tradition started at the college. That was when Justin Falconer, already president of Conestoga Students Inc., also became president of the College Student Alliance.

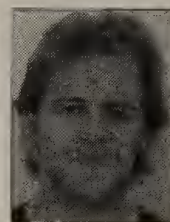
Then, at the start of 2006, student union vice-president Matt Jackson took over the role of president of the College Student Alliance. In March of that year, Jackson succeeded Falconer as president of the student union.

When Roxy Stanciu takes over as student union president at the end of April, she has a chance to continue the tradition by also running for College Student Alliance president, and frankly, I hope she breaks it.

After months of stalled discussion between the college and the student union via e-mail, students wonder what happened to cause the Student Life Centre negotiations to falter completely?

Could it have partly been because the last two student union presidents were weighed down by concerns outside of Conestoga?

In my opinion, that could be part of the problem, although the student union says there are benefits to being so close to the alliance.



Brandon Walker

Opinion

Jackson recently said the same thing Falconer did in a Spoke article in 2004, saying the alliance indirectly benefits students.

"(It) is the official advocacy voice for college students in Ontario, representing over 109,000 students," Jackson said. "My role is to ensure that the concerns and issues facing the students at Conestoga are heard loud and clear. I also have the ability to work very closely with the Ministry of Training ... which allows me to regularly communicate our issues to those decision-makers."

Although it does indirectly benefit students at our college (keep in mind we're a member of the alliance either way) it directly affects students when the bar/bistro we have paid for doesn't open.

We can only speculate what caused the communication breakdown, but look at it this way: Could

it have hurt to have had both Falconer and Jackson around more?

Jackson said 90 per cent of the time he puts toward the student alliance has been his own, outside of the nearly 40 hours a week he works for the student union, but shouldn't the other 10 per cent have also been his own time too?

Jackson said when he started the College Student Alliance was in a better financial position and has been able to reimburse Conestoga Students Inc. for his travel costs, unlike during Falconer's time.

But, students might be paying for it in other ways, mainly that students in their final year will probably never see the bar/bistro and convenience store they helped fund.

It is time for a change in tradition.

There are 27 other colleges in Ontario and it's time for one of those student union members to take over the voluntary role of president of the College Student Alliance.

When Stanciu officially becomes president of the student union, hopefully she will put the issues at this college first and foremost and will allow someone else to become president of College Student Alliance.

Letters are welcome



Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published.

Letters should be no longer than 500 words.

Spoke reserves the right to edit any letter for publication.

Address correspondence to:

The Editor, Spoke, 299 Doon Valley Dr.,
Room 4B14, Kitchener, Ont.,
N2G 4M4

Spoke

is published and produced weekly by the journalism students of Conestoga College

Editor: Meghan Kreller

Advertising Managers: Adam Hannon, Tiffany McCormick Spoke Online Editor: Brandon Walker

Production Managers: Adam Black, BJ Richmond Circulation Manager: Kristin Grifferty

Photo Editors: Jessica Blumenthal, Nick Casselli, Jon Molson, Eric Murphy and Tara Ricker

Faculty Supervisor and Adviser: Christina Jonas

Spoke's address is 299 Doon Valley Dr., Room 4B14, Kitchener, Ontario, N2G 4M4.

Phone: 748-5220, ext. 3691, 3692, 3693, 3694 Fax: 748-3534

E-mail: spoke@conestogac.on.ca

Website: www.conestogac.on.ca/spoke

The views and opinions expressed in this newspaper do not necessarily reflect the views of Conestoga College. Spoke shall not be liable for any damages arising out of errors in advertising beyond the amount paid for the space. Letters to the editor are subject to acceptance or rejection and should be clearly written or typed; a MS Word file would be helpful. Letters must not contain any libellous statements.

Obsession with modern technology



Leanne Mountford

Opinion

I remember a time when people waited until they were finished dinner before answering a phone. I remember a time when people could go out and be entertained with what they were doing and who they were with.

Today, people are so obsessed with modern technology that they seem to always have the need to be connected.

Nowadays, people will be answering their cellphones, text messaging and e-mailing their friends anywhere and everywhere they go.

It's not a rare sight to see people chatting away on their cellphones in the middle of a restaurant or while they are driving down the road.

A few weeks back, I went to see a movie and the message came on, please turn off your cellphones. There was a man in

one of the front rows in the cinema and out of the corner of my eye I could see a little white screen, his Blackberry. It was fairly distracting as he was using it throughout the entire movie. Why would you pay to see a movie if you're not going to pay any attention to it?



I've come to the conclusion that many people can't actually turn off their cellphones and handheld devices. When a sign does come on asking people to turn them off, they seem to think this means turn them to vibrate.

I've had friends come over to hang out at my house from time to

time, and a lot of them check their e-mail as soon as they get to my place, even though they live only 20 minutes away. Then they have to keep their MSN Messenger running just in case someone wants to say hi to them.

People need to get to computers fast and frequently to write in their blogs and online journals because it's much more important for people to share their feelings with strangers rather than talk to their friend who might be sitting right beside them.

Places like Williams coffee pub on Northfield Drive in Waterloo are advertising they are offering free wireless Internet connection and even downtown Toronto is giving people wireless Internet access so people are always able to stay connected.

Modern technology has helped make life easier for lots of people and there are many benefits to it, but once in a while it wouldn't hurt to turn your cellphone, your Blackberry or your laptop off and spend a couple of hours of quality time with the people you are with and pay attention to the activity you are doing.

Successful failure

"You've got to be the best, no exceptions, no excuses, win."

These words are not the easiest to hear and often come part-in-parcel with guilt and disappointment if they are not obeyed. What exactly are they? Words for success or more appropriately, words to avoid failure.

It's hard to admit when we've failed or think we're going to fail. No one wants to be the loser or the person who can't do it. No one wants to be the disappointment, the "if only you could have ..." or the reason the team lost.

What constitutes failing? Forty-nine per cent on a test, a divorce or losing the game? Does failing make you a failure?

Why are people so afraid to fail or be termed a failure? No one is perfect at everything and no one can always be the best, it's just not possible for one person to be a master at everything they attempt.

So why then is there such a stigma around the word fail? And why do people panic if they succumb to it? It's an inevitable fact of this thing called life that everyone will be a failure at least once in their existence.

Is it wrong to fail? Is it some immortal sin that can never be forgiven? Does it make you less of a person because you have faults?

How is it possible to never be a failure? How can someone go through life and always win, always get perfect and always come out on top? If anyone can answer these questions, please step forward and share, I'm sure everyone would appreciate the enlightenment.



Tiffany McCormick

Opinion

What would the world be like if failure didn't exist and if everyone conquered everything they attempted?

Would we live in a Utopia, a place where no one was the loser, no one had to worry about letting others down or being beaten?

Would that world be a place people would actually want to exist in? Or would that world be a farce, targeted toward another imperfection to dwell on?

Can a world without failure exist? Or does there always have to be a winner and a loser, a successor and a failure?

Does the world depend on failure? And if so, does that mean that if people did not fail then there would be no world? People say if you don't know sorrow, you cannot know happiness. If we did not know failure, could there be success?

Society often prides itself on those who have made a name for themselves, who have gone the extra mile and have surpassed all obstacles. But as mentioned above, where would those people truly stand if there was no one below them to stand on?

Success, while it is measured in numerous ways, should really only be compared to the stigmatic word failure.

For if people didn't fail no one would ever be a success.

LETTER TO THE EDITOR

To whom it may concern, which is pretty much the majority of the population, no matter which community you're from. No matter where your school is located. No matter where on the street the foundation of your house was built. Whether we are young and playing a simple game of street hockey with the neighbour kids. Whether we are moving in or moving out of that dream house you worked so hard to have.

All of this concerns everyone, or at least affects us personally, or you know of someone who has been completely shattered from the result of people in car ... SPEEDING.

It may not seem to be the biggest of our concern right now, in this moment, but what were you doing on March 12 at 10:20 p.m. that night?

I was drying my tears, while holding my sister in my arms to console her after an accident just minutes before. Our whole family was on the front porch of our new home, trying to grasp the fairness of what we were going through.

It was not fair, not now, not then, not at the time we had to watch animal control scrape her lifeless body, full of blood, her face hardly recognizable. Our family cat Samuel was hit by a car that was speeding. Doing 90 km/h in a 40 km/h zone, directly in front of our house. The driver took Sammy's life.

She was almost six years old, and she had been with us since she was six weeks old. It did not take

her long to realize she truly was the princess of the house. We had two other cats and it was quick decided that she ate first at the cat bowls. She had the upper hand when it came to licking out the rest of our ice cream dish when we were through. She waited, not patiently, for mom to finish her yogurt, so she could place it on the floor for the taking. She woke my sister at the same time each and every morning before school. She sprawled out on every one of our beds while we were at school, and we came home to her loving face every afternoon. She had personality, she had spunk and when she wanted our attention, right away it was handed to her. She was so loved and adored.

"It was not fair, not now, not then, not at the time we had to watch animal control scrape her lifeless body, full of blood, her face hardly recognizable."

But it's how it worked, and it's how it was. It was the way of living, of co-existing with your family members and with our pets.

Now that she is no longer waking us up for school, I feel it is my responsibility to tell everyone who reads this about the danger of the streets and remind speeders to slow down, especially when it is a 40 km/h zone. There is no need to be going that fast. As a driver, we

have a licence, therefore, a responsibility to drive in a reasonable and respectful way. If not for ourselves, than for others on the roads, for pedestrians and for our family pets that only come outside to get some fresh air after being inside all day.

Our family has to adjust to our Samuel no longer being with us, and we will grieve for awhile, but we want to make a difference by telling people to slow down. Go the speed limit, or at least, close to it.

Ninety km/h is nowhere close to what the driver was supposed to be travelling. At least if we are travelling the speed limit, or even close to it, we can potentially come to a stop when animals cross the road. We can slow down and swerve a little out of the way, if safe to do so, missing animals by inches. It is better than hitting pets, killing them by driving over them, and not looking back to see what we hit. This can be prevented if we simply obey the laws of the road.

Please slow down.

Thank you to those who do drive within the speed limit. Thank you to those who stop when animals are crossing the road. And thank you to those who will begin to slow down when entering a 40 km/h zone; thank you for not killing beloved pets.

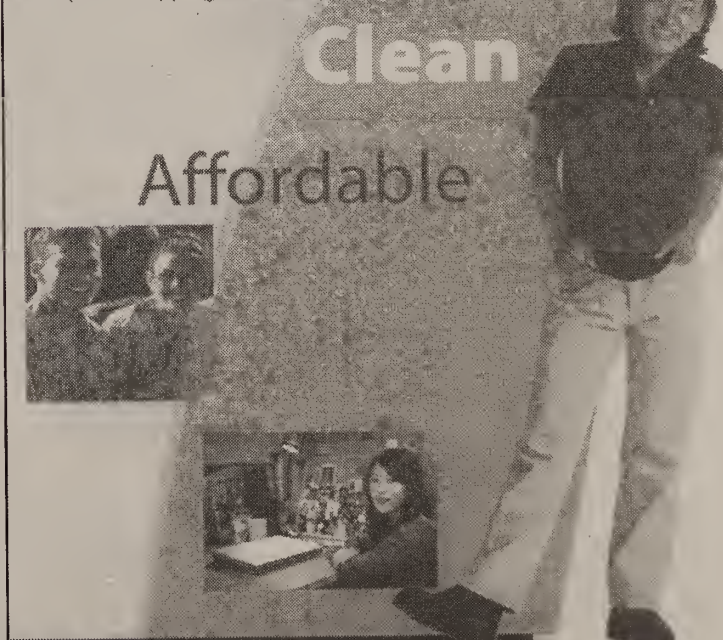
WE LOVE YOU SAM.

Jessica Mullen,
First-year general arts and science student

Attention Students!!!

Welcome home to TransGlobe Affordable Student Apartments

- ✓ Variety of rental units to accommodate different living arrangements
- ✓ Safe, affordable apartments that provide you with all the comforts of home, allowing you to focus on your studies
- ✓ Conveniently located close to universities & colleges
- ✓ 24 hr. emergency contact number (peace of mind for the parents)
- ✓ Steps to shopping & restaurants



Let TransGlobe find your home away from home

1-888-310-7000
www.GOtransglobe.com



Website connects college students

By VANESSA BUTLER

Move over MySpace and Facebook, a new networking website created by college students for college students is making its debut.

CollegeHotList.com is specifically targeted to keeping today's savvy college students connected. This social networking site delivers a dynamic platform for interaction that has not been available until now.

With the increasing popularity of social networking and a huge demand for a single destination reserved only for college campus students, CollegeHotList.com provides college students with personal space to express themselves with friends, meet other students from thousands of colleges and stay informed on what's current among their peers.

This unique college-based social network will provide college students across the country with an extension to the college experience in an enjoyable and resourceful system.

Currently there are only U.S. colleges registered, but Canadian colleges are eligible.

CollegeHotList.com offers a widespread forum where students will be able to enlighten one another on what is happening on their campus, from the hottest parties and fundraisers to events, theatre and sports.

With its HotList rating system, students can instantly find out where the best spots and crowds will be without wasting time. Users are encouraged to submit ratings and offer their opinions on a range of topics from places to go, restaurants/bars to check out, events to attend, videos to watch, groups to join, classes to take, ratings of professors, campus maps, student profiles and photos posted by other students.

Ultimately it leaves it up to the students to decide what is hot or popular on their college campus and students inform each other through this community-based site.

CollegeHotList.com has a fully integrated school-wide opinion forum and is interactive with chat rooms, message boards, blogs, text-messaging reminders and more. This site is connected to more than 450 schools and more are added on a daily basis based on

student requests.

The founders of CollegeHotList.com are committed to allowing the site and its functions to ultimately belong to the students.

"We've set out to create the most usable social networking site tailored exclusively for college students, and are excited to be unveiling this dynamic site to our generation," said Gianni Martire, CollegeHotList.com co-founder. "There has never before been such a forum to help college students get the most out of their college experience ... until now."

CollegeHotList.com is the most comprehensive, innovative social networking site designed exclusively for college students by college students. The website has been customized to allow its members to stay informed about local campus life, socialize with other students and plan social gatherings through a specialized forum tailored exclusively for college students.

CollegeHotList offers a bevy of features and acts as a valuable resource for today's busy college students. The site also boasts an array of other innovative features enabling college students to stay connected, including the ever so popular HotMatch feature, which automatically pairs students with similar photo ratings and mutual interests. The site provides students with the most user-friendly Internet technology tools to share photos and videos, upload music and even create their own customized blog entries to express their personalities.

With CollegeHotList.com not only do students have the ability to discuss and share the latest trends and happenings at their college and rate their favourite hangouts and products, but also make new friends by finding common ground with other college students across the country. CollegeHotList.com is a dynamic, exclusive space where college students can exchange opinions, ideas and thoughts about the hottest issues of campus life.

Membership is free, but unlike similar sites, it is restricted to college students. The site provides students with a safe, secure and private social networking experience. To learn more about CollegeHotList.com visit www.collegehotlist.com.

Cambridge band big in the community

By HOLLY FEATHERSTONE

A warm and melodic sound resonated from beyond the lofty walls and windows of the Preston Legion on the evening of March 12.

The beguiling medley stemmed from a rehearsal of the Cambridge Concert Band.

Men and women of a variety of ages sat in a concentrated semi-circle, musical instruments at the ready, to follow the conductor's direction. Intermittent spurts of laughter among members enlivened the diverse atmosphere. The musicians seemed affable, lighthearted and committed.

The Cambridge Concert Band (CCB), an independent, non-profit community musical group, welcomes new members seeking an opportunity to utilize their skills, as boasted on the band's flyers around Doon campus.

CCB conductor Gerry Stephenson said the band is targeting college students for recruitment because many high school graduates want to continue their passion for music, even if the post-secondary institution they attend does not offer such opportunities.

"Many graduates of fine band pro-

grams would love the opportunity to play their instruments if there was a group (offering) friendly people, good music and not too huge of a time commitment," said Stephenson.

The band rehearses every Monday evening from 7:45 to 9:45 p.m. at Branch 126 of the Royal Canadian Legion (Preston), of which the band is an affiliate. The group plays locally and is venerated in the community.

The band is partially funded by the City of Cambridge and has been sponsored by the Royal Canadian Legion since its inception in the late 1800s, which provides their hall for the band's rehearsals.

Stephenson said the band is a prime outlet for students to become active within the community and broaden their awareness of the workings of the Royal Canadian Legion.

CCB President David Bowie said the all-ages nature of the band has many interesting aspects which could benefit college students.

"The experiences of older players are usually fascinating stories in themselves," said Bowie. "Also, many of the older players assist younger players an opportunity for younger players to become familiar

with ... the amount of enjoyment that is possible."

Bowie said the camaraderie of the band's members can help alleviate school-related tensions and stress on a social level just as much as playing the music.

"There are usually a few characters who liven up the rehearsals with their (music-related) comments," he said.

Bowie, who played the clarinet 50 years ago when the band was known as the Preston Legion Band, said playing music is an enjoyable experience and he appreciates others with the same passion.

"I find that people who are arts-oriented are very interesting, friendly, concerned social beings," he said. "That to me means a lot."

The band will be competing in the Kitchener-Waterloo Kiwanis Music Festival on March 31, a public performance and opportunity for students to hear the band.

For general and membership-related information, contact second-year architecture engineering technology student and board of directors member Melissa Keith at mkeith-cc@conestogac.on.ca or executive president David Bowie at bowienorth@distributed.net.



(Photo by Holly Featherstone)

Second-year architecture student Melissa Keith, centre, poses with the band members, Graham Duncan, left, and Paul Wilson.

COUNSELLOR'S CORNER: A Healthy Lifestyle

The pressures of school can easily cause students to lose the balance between taking care of themselves and the need to put their best efforts into succeeding academically.

School, part-time jobs, family and relationships all make demands on us which can cause stress and stress-related illnesses. But there are ways to maintain our health and keep an equilibrium between competing demands on our time and energy. Scheduling in time for self-care may mean reserving several hours a week for a fitness activity we enjoy. We need friends we can talk to about personal matters and daily life, and people to just "hang out" with and do something purely for fun. We need to feel comfortable in being alone, with time for relaxation and quiet reflection.

Getting eight hours of sleep nightly, eating at least one hot, balanced meal daily, maintaining appropriate body weight and monitoring our use of alcohol, caffeine and tobacco are choices that will help us live longer and prevent illness.

Living a healthy lifestyle will also help now, by boosting concentration, memory and stamina. Having a balanced, healthy lifestyle helps us feel more relaxed, in control of the present and our future direction.

A Message from Counselling Services

Visit our website <http://www.conestogac.on.ca/jsp/stserv/index.jsp>



Have Christ's remains been found?

By BJ RICHMOND

(This is the second in a three-part series on the history and life of Jesus Christ.)

Controversy creates cash.

At least that seems to be the case with films dealing with religious issues over the past few years. From The Da Vinci Code to Passion of the Christ, authors and filmmakers have sparked a firestorm.

The latest member of the controversial religious film family is the \$4-million US documentary, The Lost Tomb of Jesus. Associated Producers, the production company behind the documentary, hired two prestigious directors to tell their story. Oscar Award-winning, Titanic director James Cameron and Gemini winner, Simcha Jacobovici, directed the film which aired on the Discovery Channel on March 4.

The documentary unveiled two limestone boxes, believed to have once contained the remains of Jesus Christ and his family. Ever since this information was revealed at a press conference in New York City on Feb. 26, scholars, historians and Christians around the globe have been in an uproar of skepticism.

Pastor Bob Parks, senior pastor at Benton Street Baptist Church in Kitchener, said he believes the documentary challenges the Christian belief that Jesus died and was resurrected three days later.

"We (Christians) would base our faith and practices on the teachings in the Bible."

The film's producers said they were not trying to undermine Christianity, and that the film celebrates the real-life existence of Jesus Christ. Jacobovici added the documentary is not trying to answer questions, however, tell a story and let experts make their own conclusions.

With the help of statisticians, archeologists, historians and DNA experts, the producers of the documentary put together a case that argues the bones of Jesus were found.

Ten ancient ossuaries were examined, with six of the boxes inscribed with the names translating to Jesus, Mary, Matthew, Joseph, Mary Magdalene and Judah, the supposed son of Jesus.

The tomb was originally found in 1980 by a construction crew working in the Jerusalem suburb of Talpiot. Experts from the Israeli Antiques Authority (IAA) excavated the site and found the 10 boxes inside. The ossuaries were untouched until BBC did a documentary on them in 1996, and then again when this documentary was being made.

Samples of DNA material from human residue found in the boxes was sent to Ontario's Lakehead University in Thunder Bay. Lakehead is one of five laboratories in the world that can extract DNA from ancient material. Forensic experts examined the samples and discovered the remains from the Jesus ossuary were not maternally linked to the remains from the Mary Magdalene ossuary.

Dr. Carney Matheson, forensic examiner and scientific officer at the Paleo-DNA laboratory, said the lab is continuing to examine the DNA. "We are trying to determine whether or not the two bodies were related through their paternal side."

The filmmakers said the tombs from that time usually contained blood relatives and spouses. From this statement the assumption was made that Jesus and Mary Magdalene must have been married.

Dr. David Haskell, assistant professor of journalism and an expert of religion in media, said to assume that Jesus and Mary Magdalene were married based on the fact they were not related is preposterous. "The Lost Tomb of Jesus does not meet the scientific criteria to be taken as fact. Based on available evidence, this is a fraud."

All DNA aside, the documentary also reviewed the findings of Andrey Feuerverger, a statistician from the University of Toronto, who spent two years calculating the odds of a tomb in Israel being the

last resting place of Jesus Christ.

Feuerverger discovered there was a one in 600 chance that the names inscribed the boxes could have belonged to a different family than the Son of God's, or, in other words, one in 600 families would have that particular combination of names purely by chance.

However, skeptics contend the names on the inscriptions were common names of that time, with one of every three women named Mary, and one in 20 men named Yeshua, or Jesus.

The producers of the documentary rebut by using the text, Lexicon of Jewish Names, which is a representative sample of the five million Jews who lived during that era. The text was published in 2002 and includes only 2,509 names.

Mariamene e Mara, or Mary Magdalene when translated, is a rare name. In fact, the woman claimed to be Jesus' wife was the only woman who possessed this name out of all those listed in the Lexicon.

Skeptics of the documentary also argue that Christians believe Jesus' body was kept at the Church of the Holy Sepulcher in Jerusalem's Old City, as opposed to the location of the tomb.

Haskell said if Jesus' family did have their own burial cave it would have likely been in their hometown of Nazareth, not Jerusalem. "There is no evidence that a Galilean like Jesus would have been buried in Jerusalem."

Reverend Canon William Cliff, rector and chaplain at Huron University College in London said he agreed that the documentary overlooked the location of the tomb. "There is no explanation as to why Jesus' family was buried in Jerusalem instead of Nazareth."

He added a carpenter like Joseph would have never been able to afford a crypt for his family. "The tombs were of that of a middle-class family, and Jesus' family was that of a working class."

In 2002, the Discovery Channel aired a documentary which examined another bone box with the

inscription James, the son of Joseph, brother of Jesus.

The James box was the first definitive link of an artifact to Jesus, and reached its fame through an antiques dealer named Oded Golan.

Later the IAA declared the inscription on the box to be fraudulent and that Golan was the one who forged it. The forgery trial is ongoing, however Golan denies the charges.

Despite the possible illegitimacy of the inscription on the James box, The Lost Tomb of Jesus connects it to the ossuaries through matching mineral crust which accumulated in the boxes over centuries.

Cliff said that despite their best efforts, he does not think the documentary is compelling enough to be taken as fact. "The documentary still leaves an abundance of unanswered questions."

He added the logical fallacies and assumptions are extensive. "An argument has to be built on fact and not assumptions."

Haskell said he believes the producers of the documentary were

looking for success. "They were riding on the coattails of the Da Vinci Code. It makes for a good conspiracy, but not good science."

As for the press coverage on the documentary, Haskell said the media has been pretty good when discussing this film. "They said the producers of this movie have no evidence and revealed that they were playing with data, which misrepresented what archeologists and statisticians said."

He added conservative Christians were upset when the press was taken in by the Da Vinci Code and took it as legit. "Most conservative Christians look at movies like this as an opportunity to speak their voices in the media."

Parks said overall the documentary sparked interest in Christianity. "I am thrilled when anyone takes an interest in religious topics, but this will not change the way Christians celebrate the life and death of Jesus Christ."

Next week: Jesus is everywhere. In today's society, which images of Jesus are acceptable, and which are blasphemous?

HEALTH CARE TIP



WEIGHT CONTROL

Need to lose some weight?
Follow Canada's Food Guide and try cutting down the overall number of calories in your diet, particularly those that are high in fat. Remember to exercise and weigh yourself regularly and above all give yourself a pat on the back for each pound that you lose.



St. John Ambulance

GROUP AUTO & HOME INSURANCE PROGRAM

Offers EXCLUSIVE GROUP BUYING POWER to

Conestoga College

Contact Judy at Ext. 214 for a no-obligation quote today!

Local 519-743-5221
Toll-Free 1-800-321-9187
Email jwestman@staebler.com

Waterloo Insurance
A member of The Economical Insurance Group

Step back in time

Exhibition showcases Waterloo's 150th anniversary

By SAMANTHA SAECHAO

From trolleys and Penny Farthing bicycles to automatic and standard vehicles, from coal-burning factories to high-tech corporations, from conservative wear to fashionable tastes, Waterloo has transformed from a simple, small village to a booming, technological city.

Waterloo, a village in 1857 with a population of approximately 500, became the Town of Waterloo in 1876 with a population that quadrupled to approximately 2,000 and then eventually became the City of Waterloo in 1948 with a population of just over 10,000. As of 2005, Waterloo has a population of 113,100.

Waterloo is celebrating its 150th anniversary and in commemoration, the Canadian Clay & Glass Gallery, located at 25 Caroline St. N., just by UpTown Waterloo, is holding an exhibition that traces the fascinating history of 150 years of municipal government from village to town to city.

The exhibit showcases many donated items such as photographs and articles, artifacts and commemorative badges, the first mayor's chair and a 1900's summer dress.

There is a guest book available to encourage the people of Waterloo to share memories of the growing city and they are also encouraged to have a little fun by making a commemorative ribbon.

The exhibit, called Village Crossroads to Smart City: Waterloo 1857-2007, was sponsored by Sun Life Financial. It will run until April 8.

For more information about the anniversary visit www.watelloo.ca/150anniversary or visit www.canadianclayand-glass.ca.

Photos by
Samantha Saechao



One of the museum's exhibits displays a firefighter outfit from 1966. There were only 32 firefighters employed at the time. Now there are 103.



The first RIM Interactive Pager 900, left, came out in 1995. It was the predecessor to the Blackberry. A Marsland Teletype Terminal, right, was the teleprinter of choice in 1975.



A jersey from the Waterloo Siskins dates back to the 1930s when the team was first formed.



One of the exhibits displays an array of artifacts including tax bills from the 1870s and 1920s, a bylaw booklet from 1939 and a ballot box and ballots from the 1940s.



This ceremonial cannon was first used to do 21 salutes every May 24 for Queen Victoria's birthday.

Mexico not just a temperate hot spot

By CHRISTOPHER MILLS

Don't look now, but the country of Mexico is fast becoming a popular and premier vacation destination. With its many resorts, unique geography, rich history and warm climate, Mexico is of interest to people of all ages, genders and cultures. In 2002, it welcomed 19.7 million tourists, with the majority of those coming from Canada and the United States.

Mexico currently ranks eighth on the World Trade Organization's list of the number of international visitors by country, and 10th on the list of international tourism revenues.

So where exactly are all these people going?

The most popular stop is the resort town of Cancun, located on the Yucatan peninsula. It has

become a popular destination for college students on spring break due to its many beaches and affordable vacation packages.

Students are attracted to resorts offering all-inclusive packages (which include alcohol), as well as the multi-culture clubs and party scene. It also offers a wide range of safe beaches. Due to Mexico's location, most beaches that directly touch the Pacific Ocean, as opposed to being sheltered by a bay or cove, can present tremendous dangers to swimmers with large swells and strong currents. However, Cancun provides beaches that are beautiful and safe for all.

Although Cancun is the most popular destination, the biggest tourism boom can be seen in the small town of Cabo San Lucas. A higher-end destination than

Cancun, Cabo offers many upper-class resorts and timeshares. It attracts many wealthy vacationers and retirees, as well as providing a stop for cruise ships running down the Mexican Riviera. Although the cost of living – and vacationing – in Cabo is significantly higher than most other areas of Mexico, it offers a safe and breathtaking environment for citizens and visitors alike.

Cabo is also a hot spot for sport fishermen. According to www.allaboutcabo.com, Cabo offers the "world's finest sportfishing." It is also known among fishermen as the marlin capital of the world, as evidenced by the town's annual marlin tournament, the largest of its kind in the world. The entry fee is a hefty \$10,000 and, according to www.mexoline.com,

this year's tournament will boast a jackpot of more than \$3 million. The event attracts competitors from across the globe, and watching all the boats flow out of the small harbour during the shotgun start is a site to behold.

Add on scuba diving, whale watching, dancing, seven championship-level golf courses designed by Jack Nicklaus and others, and the sheer beauty of Cabo's location, it's not difficult to see why its popularity is growing exponentially.

And lastly, for the classic tourist, Mexico is home to many ancient ruins and historical sites. Cities like Monterrey, Guadalajara and the nation's capital, Mexico City, offer memorable experiences and glimpses into a rich and storied past.

Some of the Mexico City's attrac-

tions include the National Museum of Art, located opposite the Plaza del Tolsa; the National Palace, which is the main seat of political power in Mexico; the Chapultepec Castle, dating back to 1785; and the most storied site, the Zocalo, Mexico City's main square. The Zocalo has been home to many events throughout history and has often been visited by viceroys and international presidents.

Mexico has a variety of activities to offer every traveller, young and old, as well as a storied history and deep culture that can be observed in almost every corner of the country. When considering the next vacation destination for you and your sweetheart, for the family, or just for yourself, think Mexico and you're sure to be more than satisfied.



(Photo by Christopher Mills)

A cruise ship sits docked off the coast of Cabo San Lucas, Mexico on March 2. Cabo - along with the rest of Mexico - is rapidly becoming one of the world's most popular tourist attractions.

A safari adventure through the Serengeti

By JENN SPRACH

(This is the second and final story in a two-part series on a trip to Mount Kilimanjaro.)

After spending a week camping in the mountains, Carl and Jordon Elstner were tired and happy to spend a night in a hotel.

But the relaxation didn't last long, because the next day they were back to camping for four days on a safari of the Serengeti.

The word safari in Swahili means travel and in Kiswahili it means journey. The word Serengeti comes from a Maasai word and translates to "never-ending plains."

The Maasai peoples are indigenous to Africa and are well known as warriors, healers and for herding cattle.

"The Maasai people are still like they were a long time ago," said Carl, adding "Except, they come into town to trade."

They still wear their traditional clothing and herd cattle. It's very much like the movies that are set back in time.

"You're not supposed to take pictures of the Maasai people unless you pay them," he said, adding, "They're apparently offended by it."

They had pens so in exchange the Maasai people allowed them to take their picture.

As for the townspeople, Jordon was blown away when he looked at their houses.

They looked like concrete with tin roofs, he said. "I thought they looked really horrible." He actually heard from someone that what they were seeing was considered the better part of town. It wasn't the rich area, but it wasn't the really poor area either.

"So I was already thinking these houses are horrible and they were actually considered fairly good," said Jordon, adding, "What sur-

prised me was the school kids were still dressed in uniforms."

They were dressed in white shirts and shorts and they looked quite presentable.

Even the people walking in the street were well-dressed. Most men were wearing oxford-type shirts.

Their clothes didn't fit as well and they were well worn but most were still in collared shirts, said Jordon.

If you look at the way we dress on the street it's probably T-shirts, jeans and things like that.

"It's like even though they're poor, they dress to a higher standard than us," he said.

After about a day in town they headed out on safari with their guide in a four-by-four land cruiser.

"It was the wet season on the safari and the roads were really bad, like extremely bad," said Carl.

The ruts were really deep and the vehicle was constantly banging into them and it's like that for six or

seven hours a day during game drive.

"You get so sick of it and obviously your butt's pretty tired by then," he said, adding, "I could see a lot of people getting car sick from it."

Bridges that cross the river weren't really bridges, but rather poured concrete with water flowing over them.

"There actually was one where the guy decided not to go over it because he said this water is going over so fast it could sweep the vehicle right off."

While on safari they had the pleasure of seeing a vast variety of African wildlife.

They saw a mother cheetah and her three cubs eating an unknown fresh kill.

"We didn't see the chase we only saw them eating afterward," said Carl.

When they came to a pack of gazelles the guide explained that

there is one male to about 40 females and off to the side the rest of the males were gathered in a group.

"The guide called them the losers because the loser males get nothing."

He speculates they hang around waiting for the dominate male to get sick and die so another can take his place.

They saw a male lion lazing around in the sun and speculated he must have just eaten.

When they reached the areas with water they saw a herd of hippos exiting the water and tons of flamingos.

"There must have been a thousand of them (flamingos)," said Carl.

While on safari they had to stop for elephants crossing the road. They sat quietly and were able to get very close to them.

"We were lucky, most people don't get the chance to see elephants," said Carl.

Cambridge couple brightens jewelry market

By NATALIE ANDERSON

If you're sick of the same old cookie cutter, mass-produced jewelry that you find in every store in the mall, you may want to check

out Chunky & Funky by Sunshine Cards and Gifts. Paul and Odile Dowber are the husband and wife team behind the company, which has been in operation since 1998. Their colourful and innovative col-

lection of clay jewelry is completely handmade so no two pieces will ever be exactly the same.

The couple has a little studio, complete with a kiln, in their Cambridge home.

"We roll the piece, fire it, decorate it and glaze it, and then fire it again," said Paul, who is in his first year of night classes for bookkeeping at Conestoga. "Then we do the assembly work ourselves. We buy different cords and different accent beads to accent the pieces that we've made."

"We do the assembly work ourselves. We buy different cords and different accent beads to accent the pieces that we've made."

*Paul Dowber,
co-owner Chunky & Funky*

The couple said they started out in an attempt to pay off a debt.

"I was going to be a rock star and I put out a CD," said Paul.

When his music dream fell through, the couple incurred several debts and had to figure out a way to make money.

They said the idea came to them when they saw a sign for a craft show and Odile, who has always been artistic, thought it might be a good way to make some money.

"So Odile started making all these funky faux fur coasters, really wild and funky," said Paul.

After selling coasters, painted clay tiles and clay pottery, the couple finally found they did best selling clay jewelry.

"When you make a tile and cut off the extra pieces you can't just

make a new tile from it, so with the leftover bits we said let's make jewelry," said Paul.

When the couple first started making jewelry, it was made entirely of clay.

"Like in a bracelet we would make our own clay beads and it would be really chunky," Odile said. "Now we've added in a piece that kind of divides it, like a metal bit or something a little more decorative like a glass bead. It kind of just adds a little bit more to it, as opposed to the heavy ceramic."

The couple used to sell mainly to the public and now they are selling more to shops.

Their jewelry is available at Groovy Garnish in Cambridge as well as a small gift shop in the Blair area of the city.

However, most of their jewelry can be found in other parts of the country, such as Alberta, B.C., P.E.I. and Nova Scotia.

"Ontario seems to be our weakest market," said Paul. "A lot of Ontario shops seem to cater more to Canadians. The shops that we do really well with tend to have a lot more American customers."

"I think here people tend to spend more money on imported (jewelry) because of the price," said Odile. "Unfortunately, when you hand make it in Canada it takes a long time."

Currently Chunky & Funky doesn't offer anything over \$80, with an average piece being \$15 to \$20.

For more information or to order online at www.chunkyandfunky.com.



now
getting carded
is a good thing

the SPC Card™ gets you exclusive discounts"
at hundreds of Canadian retailers.



come in today or call
1-800-HRBLOCK
hrblock.ca



H&R BLOCK®



(Photo by Natalie Anderson)

Conestoga college student Paul Dowber and his wife Odile display some of the jewelry they make in their business, Chunky & Funky.

Individual results vary. Offers valid from 08/01/06 until 07/31/07. Valid at participating locations in Canada only. For Cardholder only. Offers may vary, restrictions may apply. Usage may be restricted when used in conjunction with any other offer or retailer loyalty card discounts. Cannot be used towards the purchase of gift cards or certificates. *To qualify, student must present either (i) a T2202a documenting 4 or more months of full-time attendance at a college or university during 2006 or (ii) a valid high school identification card. Expires July 31, 2007. Valid only at participating H&R Block locations in Canada. **NO PURCHASE NECESSARY TO ENTER OR WIN. Purchase of H&R Block products or services will not increase chances of winning. Begins 2/1/07 and ends 5/15/07. Open to legal residents of Canada (excluding Quebec residents) who are 13 or older and were full-time students for four or more months during 2006 at a high school, college or university. There will be 1 random draw to award the prize. Skill testing question required for award of prize. See www.rockwithblock.ca for Official Rules and how to play without purchase. Odds of winning vary based on participation. Void in Quebec and where prohibited.

Lest history repeat

By JON MOLSON

Forgetting the lessons taught to the world during Hitler's reign as Führer could result in history repeating itself, according to a survivor of the Holocaust.

David Kilberg gave three lectures at Conestoga's Doon campus on March 14 about being Jewish during this epoch as well as the ordeal of living and working in a concentration camp.

"I'm here to tell you an experience that I've had during the Nazi time due to the Second World War," Kilberg said. "The Second World War ended more than 60 years ago and that's a long time. And one would figure 60 years is maybe time to put the experience in the history books, however, it has proven what is going on today in the world, that 60 years is not long enough to forget what took place 60 years ago."

Kilberg was born and raised in Poland. When the war broke out, during the first week of September in 1939, he was just 16 years old.

"Hitler's Germany took over Poland and had big plans for the Jewish people in Poland," he said. "In Poland there was about three and a half million Jewish people. We knew that no good was awaiting us because we knew what Hitler had done to the Jews in Germany since the year 1933 when he came to power and we knew not to expect anything better. There was a lot of fright among the Jewish occupants."

Kilberg was 17 when he was taken prisoner and sent to Germany to work in his first of six concentration camps. At his first job he helped build the autobahn, which is a German expressway. There were no trucks to deliver the sand and gravel, so it all had to be done by hand.

After this Kilberg spent approximately a year and a half in a brick yard, where he helped make bricks and roofing tiles out of clay to rebuild buildings that were destroyed by the allies. Kilberg remembered having nothing more to survive on than a bowl of soup and one quarter of a loaf of bread a day.

The last camp he was sent to took about two months to march to from eastern Germany to the west. Kilberg and the rest of the prisoners were never allowed to go through cities and always had to stick to the outskirts or rural parts of the country. The first few days the guards forced them to run and at night the Germans would order a farmer to open up the barn and they slept on the straw.

"Days didn't have any meaning. We had no idea what day it was and we had no idea what was going on on the outside," he said. "We never had any contact with anything."

Kilberg found out 40 years later that the Russians took over the camp the same day that they were

ordered to march out of it. At the end of the march he ended up at Camp Buchenwald, which could accommodate 100,000 prisoners. At this point Kilberg had only one friend left from his original hometown, who he had always been together with since being sent to Germany. "We looked at each other and found out that all we had was each other," he said.

The two pledged that they would always stick together as well as try to help one another from any attack from either the prisoners or guards. The two also vowed to never be sent out to another camp again because they didn't have any strength left after the two-month march.

To escape being transferred out of Buchenwald they resorted to hiding among the dead bodies until the transport gates closed. This worked a few times until the Germans became suspicious and started looking for people hiding during transportation times. Eventually Kilberg and his friend found a way under the floor and covered up the hole with a rock to avoid detection. They stayed there for a few days and when the two came out of hiding they found out the Americans had liberated the camp.

Twenty-one thousand prisoners were set free and among them there were 2,000 Jews and the rest were of different nationalities. The Americans also knew about a German plot to poison the food and water supplies and prevented prisoners from drinking or eating anything that had been contaminated. Kilberg immigrated to Canada in the 1950s and is now a Canadian citizen.

He expressed concern about holocaust deniers, including Ernst Zundel, who was a resident of Canada before recently being deported to Germany, and Shiraz Dossa, a political science lecturer at St. Francis Xavier. Dossa was the only Canadian to attend a two-day event in Tehran, Iran that attracted some of the world's most notorious Holocaust deniers, which included both neo-Nazis as well as a former leader of the Ku Klux Klan.

Kilberg also targeted the Iranian President Mahmoud Ahmadi Nejad, who he called the "Hitler of the Middle East," because of his denial of the Holocaust, his hatred for Israel and his ambitions for the country's nuclear power program.

During a question/answer period Kilberg said there is a chance that the Holocaust could happen again, but not necessarily with the Jews. "We have to get more involved. We have to know what is going on in the world," he said.

"We cannot today say 'oh well, they are fighting in the Middle East,' because what is happening over there is affecting us here and if we don't take these things seriously and if we don't obtain enough knowledge to prevent it, it can happen here."

Vaccine fights cervical cancer

By KRISTIN GRIFFERTY

A new vaccine has become available for young women to help in the fight against cervical cancer.

The human papillomavirus (HPV) is a virus that can affect many parts of the body and has more than 100 types.

"(Because) there is no cure for cervical cancer, it's best for women to try to prevent it with this new vaccine. A vaccine is an easy solution to a possible lifelong problem."

*Dr. Joan Charboneau,
Phenix Professional Group*

The most common is sexually transmitted and can cause genital warts in both men and women.

Other types of the virus can cause more lasting damage such as cervi-

cal cancer in women and anal or penile cancer in men.

As daunting as the consequences are, there now is something being done to prevent it.

For women, four of the types of the HPV virus can be prevented by a new vaccine.

The vaccine is less than a year old and is currently only available to women.

Dr. Joan Charboneau from the Phenix Professional Group in Streetsville, Ont., said the vaccine is a smart choice for every young woman who is sexually active.

"(Because) there is no cure for cervical cancer, it's best for women to try and prevent it with this new vaccine," said Charboneau. "A vaccine is an easy solution to a possible lifelong problem."

The vaccine is recommended for women between the ages of nine and 26. It is given three times over the course of six months.

The Public Health Agency of Canada states that the vaccine is safe and is accompanied by few side effects. Pain at the site of injection is one of them.

Another drawback to the vaccine is that it is not covered by most health-care plans and can cost more than \$250.

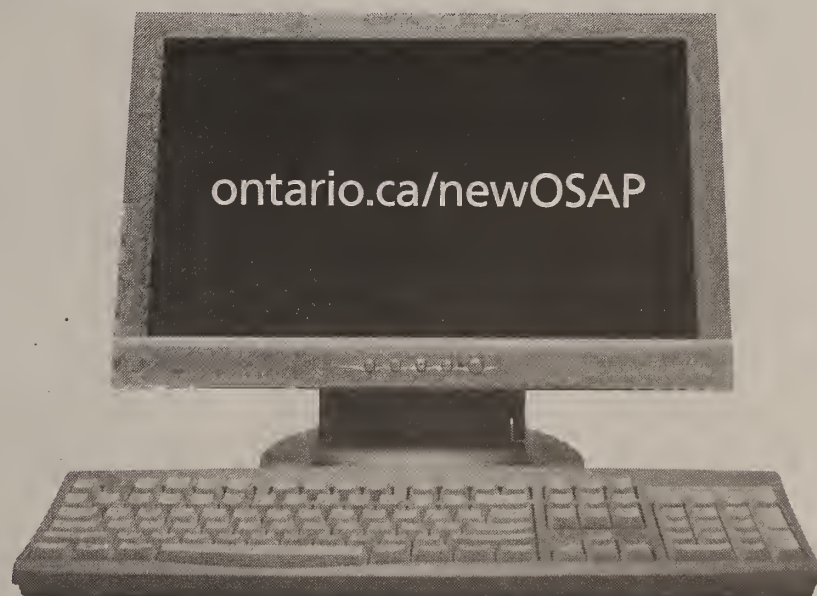
Charboneau also said when women make the choice to get vaccinated they need to still be aware of other risks that come with being sexually active.

"Condoms will protect against other STDs and unwanted pregnancies. The best defence women have is to ask their partner about their sexual history and past partners."

Charboneau

"Condoms will protect against other STDs and unwanted pregnancies," she said. "The best defence women have is to ask their partner about their sexual history and past partners."

Find out more about grants & scholarships.



Introducing the new OSAP Access Window.

Everything you need to know about planning for a postsecondary education but didn't know where to ask.



Paid for by the Government of Ontario



(Photo by Amy Meadows)

It's time to 'bring the smiles' at Laura Secord. With Easter becoming more commercial, you may have a long list of people to buy for. However, there is no need to panic because the store has lots of inexpensive Easter gifts.

Now entering the bunny trail

By AMY MEADOWS

With Easter nearing and the celebration becoming more commercial, you may find yourself with a long list of friends and family to buy for.

It's another potentially expensive time of the year said Angela Neumann, a sales associate at Laura Secord in Fairview Park Mall. She said this year is their best year for Easter gifts.

"In the past we have been quite pricey, but this year most of our gifts are under \$20," she said.

"The Second Eggs are selling really fast," she said. "And we have just started selling Easter bags with a mixture of different types of eggs, those are \$18," said Neumann.

Neumann also suggested, for those on a budget, foil egg suckers. They come in milk, dark and white chocolate and make "ideal" Easter gifts.

Over at Rocky Mountain in the mall, sales associate, Terry Melchim puts the finishing touches to one of the many caramel chocolate apples displayed at the front of the store.

Melchim said their chocolate suckers and luxury Easter apples have been selling very fast.

"Our assorted Easter packs are also selling fast, they are all around \$10-15," said Melchim.

She said the packs contain different types of chocolate eggs and sweet treats.

If sweet treats aren't for you, or you prefer to stick with a more religious theme, or maybe you are buying for children, you should head over to Hallmark cards.

Sue Savage, a sales associate at the store, said the whole meaning of Easter can easily be lost but there are plenty of options when it comes to more traditional gifts.

Ceramic crosses come in pink and blue for younger children and will set you back \$18.99, first communion frames are sold for \$19 and there are pink and blue New Testament Bibles for \$10.

Savage said of all the gifts they offer, the stuffed ducks, rabbits and lambs have been selling the best.

"They cost \$14.95 if you buy three cards, and if that is a little pricey we have Easter puzzles for children that are only \$2.49," she said.



the learning commons

Peer Services Learning Skills Service Writing Services

Are you frustrated with a course?

It's not too late to get a peer tutor:

Would you like the opportunity to

- Improve your understanding of key concepts in a course
- Review and practice challenging course material
- Improve your marks, performance and self confidence

To request a peer tutor visit the Learning Commons located in room 2A103

*****Please note that Mon. Apr. 2 will be the last day to request a tutor for winter term courses (exceptions will be made for Feb. start programs)**

Students Helping Students It Works!!!!



CONESTOGA
Connect Life and Learning

Learning Commons
Room 2A103

Hours of Operation:

Monday—Thursday 8:30 a.m.—5:30 p.m.—Friday 8:30 a.m.—4:00 p.m.

Telephone:

519-748-5220 extension 2308

Website:

<http://www.conestogac.on.ca/jsp/stserv/learningcommons/index.jsp>

Email: LearningCommons@conestogac.on.ca



(Photo by Annelise Thompson)

All bundled up

Alivia Chyni and Kyle Loux spent their March break snuggled up in their snowsuits due to the cold weather. Temperatures have been fluctuating, but it's expected to warm up now that spring has arrived.

Woman's religious journey anything but easy

By ALLISON STEINMAN

According to www.religioustolerance.org, a person is considered to be part of a particular religion if they say they are of that faith. For a bartending student at Conestoga College's Waterloo campus, that faith is Wicca.

Wiccans believe that every living thing possesses its own power or energy, and it is that energy that connects everyone and everything within the universe.

Amanda Nightingale came across the Wiccan beliefs about eight years ago after exploring several other religions such as Christianity, Buddhism, Judaism, Muslim and Sikh.

"The more I learned the more sense it was making," she said. "It was finally clicking, I am a witch."

Nightingale said she is what is known as a solitary Wiccan, meaning she practises her faith in her

own home, but sometimes she joins the open circles at the K-W Pagan temple.

Nightingale likes how inclusive the circles are.

"I really like how they include the kids in the circles instead of sending them downstairs for day-care or Sunday school," she said.

Nightingale also likes the interactive nature of the circles, which incorporate lots of dancing, singing and eating.

"You can really take part in the circles and get to know the people you're there with," she said.

Nightingale's journey has been anything but easy; there are a lot of mixed feelings from her friends and family due to her beliefs.

Her father supports her faith to an extent, and has given her several books on the subject, but not everyone has been so understanding.

"When I first became Wiccan I lost my best friend," she said.

It was her neighbour, however, who gave Nightingale the most difficulty.

"He never called me by name," she said. "He called me Wicca, with this sneer to his voice I can't begin to describe."

Nightingale said the teasing would happen in the morning on the school bus and again in the evening, and if he couldn't get a reaction out of her, he would bother her younger brother or sister about it.

"Even now it's making me cry," she said. "The day-to-day torment is so hard to talk about."

Despite her hardships, Nightingale spoke about her faith with an unshakable sense of pride.

"Wicca lets me think for myself and choose my own path. I love that freedom and I'll never give it up," she said. "I am becoming the person I want to be and I am just getting to know myself."

Busy time of year for Passport Canada

By CARA LICHTY

Even though the college's reading week is over, March and April still are the most popular months for people to go away on vacation. However, there is always so much to worry about.

As if dealing with your resort, travelling companions, luggage and doggy babysitter aren't enough, this year you also have to worry about getting a passport.

According to Passport Canada, they are dealing with a staggering increase in passport applications both by mail and through receiving agents. Because of this increase it could potentially take up to 45 business days before you get your document.

Dennis Eagle, father of 11-year-old Christopher Eagle, said as he waited in line at the passport office that he was nervous about their upcoming vacation to Florida.

"I already have the flights booked and the rooms will be ready and waiting," he said. "I didn't really take into consideration how long it would take for my son to get his passport."

Travellers aren't the only ones feeling the pressure from all the hustle and bustle of leaving the country, those working in the

offices are stressed too. Naiem Tamil, an employee, said people are constantly flooding in to get their applications looked at even though everyone thought the major boom was over.

"Not only are people coming in but the offices are constantly receiving applications online and through the mail," she said. "The phones ring non-stop."

If you are planning on taking a trip anytime in the near future and don't yet have your passport, you should seriously think about filling out your application soon. Although it may seem like an annoyance now, it will be beneficial in the long run. Whether you're travelling across the world or just to the United States, you will need to have one.

Christopher Eagle, who can't wait for his birthday trip to Florida, said he will be so disappointed if his passport doesn't come in time.

"If I miss out on Universal Studios because of this, I will not be impressed," he said. "This will be my first time on a plane!"

If you're looking into applying for a passport and want some tips, go to <http://www.ppt.gc.ca> where there is also a checklist to make sure you don't have any problems during the application process.

Toy and cosmetic company launch new makeup line

By SUMMER MCPHEE

MAC cosmetics and Mattel have teamed up to create a new limited edition colour collection. Barbie Loves MAC's collection ranges from lipsticks and lip glosses to beauty liquid shimmers and nail polishes.

The colours come in vibrant pink and nude shades with names like the Malibu Barbie, Fashion Leader, and

Springtime Skipper, all featuring a pink silhouette of Barbie.

The collection hit makeup counters in North America in mid-February and went worldwide on March 1.

Andrea Telford, who is a cosmetician at MAC, said Barbie Loves MAC is doing extremely well.

"People started lining up outside the doors the day before the launch."

Telford said they weren't prepared

for the reaction that it got.

"Some of the makeup products are already sold out," she said. "The limited edition Barbie doll sold out within 20 minutes."

She added Barbie and MAC have both been considered a vision of fashion and beauty for many generations.

"We've combined our similar marketing strategies to develop a limited edition line for women of all ages and races."

However, Lindsay Langdon, a first-year law and security administration student at Conestoga, isn't enamoured with the idea.

"It's disgusting that we have a well-known makeup company encouraging us to look like Barbie. Anyone who wants to look fake has a problem."

She said there is enough pressure on women to be thin and look like supermodels. "It's hard to believe that a company with such high-quality products would need to use this type of marketing strategy."

CLASSIFIEDS

Window cleaner required for summer, Kitchener, \$13 to start, 40+ hours per week. Fax resume to 519-749-4022. No Highrise but second storey ladder work involved.

Support person needed for 13-year-old boy with autism. Support required for outings in community, summer camps, and within home during school year and summer holidays. Must be creative with activity planning, altruistic in your desire to work with a special needs child, and must have own vehicle. Laurelwood subdivision. \$10-\$12/hr depending on experience plus .37/km. Call Deborah, 519-746-1584.



(Photo by Brandon Walker)

Shooting some hoops

Nick Hansen, left, sets a pick on Rhyen Bailey, middle, while Marvin Keronga tries to make a pass during a pickup basketball game at the recreation centre.

Hockey hits get serious

By ANNELOISE THOMPSON

Over the past month, anytime you flip to a sports channel either on TV or the radio within minutes conversation and clips from one of the most malicious hits in hockey will start.

Chris Simon of the New York Islanders was suspended for his attack on Ryan Hollweg of the New York Rangers.

The hit itself came after Hollweg cleanly checked Simon. Simon retaliated by swinging his stick and hitting Hollweg in the face. Surprisingly, Hollweg only suffered a cut, and nothing was seriously damaged or broken.

This incident has once again called into question the enforcement of late blows that have serious implications in the NHL.

Colin Campbell, NHL senior executive vice-president and direc-

tor of hockey operations, said in a statement, "The National Hockey League will not accept the use of a stick in the manner and fashion in which Mr. Simon used his Thursday night. As a consequence of his actions, Mr. Simon has forfeited the privilege of playing in an NHL game again this season, regardless of how many games the Islanders ultimately play."

"The worst part (about the hit) was there wasn't even a call."

*Doug Green,
Aiden Green's father*

This is one of the NHL's harshest penalties, and rightly so. This violent and malicious behaviour has begun surfacing at the community

level and people are not prepared to allow it.

Last year during OMHA playoffs, a fifteen-year-old Tillsonburg boy was seriously injured because of a late, last-minute blow.

Aiden Green, a pseudonym, had to watch his team become the best in the province from the sidelines after suffering a severe concussion earlier in the series. He didn't want his real name used because he doesn't want people asking about the incident because he can't remember anything about it.

"The worst part about it was there wasn't even a call, it just went right to a faceoff with Aiden still lying on the ice," said Aiden's father, Doug Green, also a pseudonym.

The concussion Green suffered was so bad that after the game, he didn't even recognize his own father. He was "really white and he looked like a ghost. Then he looked at me and said 'Who are you?' After that I ran out and called the ambulance," said Doug Green.

A year later Aiden was playing hockey again, and although he's not scared he will suffer another concussion, he does feel that more could have been done.

"It's too bad minor hockey can't review hits and suspend kids, because dirty hits like Simon's happen a lot more in (minor hockey) than in the NHL," he said.

Rink closes unless it's cold

By ROSS ALDWORTH

Spring is springing, and the warm weather means the end of snow, cold and skating on the Civic Square rink at Kitchener City Hall.

Everyone was welcome from 9 a.m. to 10 p.m. for one last skate on the rink's last official day, March 19. However, if the weather remains cold, the rink will remain open on a day-to-day basis until the weather stays consistently warm.

Kate Sullivan, a communications and marketing associate at City Hall, said the city sets an official closure date so that people will know that the rink might not be frozen if they try to come to skate after March 19.

The public rink is open all winter long and is enjoyed by skaters of all ages.

As skaters enjoyed the rink's last official day, there were mixed feelings about what the closure meant.

"It's kind of sad," said Theresa Smythe, a student at Wilfrid Laurier. "I like winter and it's sad to see it end, but I like summer too so it isn't all bad."

Other's feelings weren't so mixed. "I'm just here to make sure they actually close it," joked Roy Platt, an employee at the nearby Pizza Pizza. "I hate winter."



(Photo by Aaron Schwab)

Winter's not gone yet

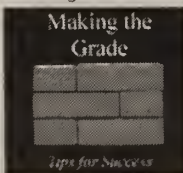
This week's forecast has mixed weather conditions. A high of 15 C and rain starts the week but winter will bear its face at the end of the week. Temperatures will go down to -3 C with some snow.

the learning commons

Peer Services

Learning Skills Service

Writing Services



making the grade — tips for success schedule

Get valuable advice for achieving higher marks at these sessions!

	Date/Time	Location
When in Doubt Pick C?		
If your strategy for multiple choice exams is "when in doubt, pick c", then you need to sign up for this session. Learn how to work with multiple choice exams, how to analyze questions, and how to improve your probability of coming up with the right answer.	April 10 @ 12	2A111
This session will not only help you to prepare for writing multiple choice exams, but will also teach you how to manage exam anxiety.	April 12 @ 12	2A111

To register: Please identify your name, program, and the session you would like to attend when calling (519) 748-5220 ext. 2308 or emailing the LearningCommons@conestogac.on.ca.

the learning commons
Room 2A103
Hours of Operation:
Monday & Wednesday 8:30 a.m.—5:30 p.m.
Tuesday, Thursday & Friday 8:30 a.m.—4:00 p.m.
Telephone:
519-748-5220 extension 2308
Website:
<http://www.conestogac.on.ca/jsp/serv/learningcommons/index.jsp>
Email: LearningCommons@conestogac.on.ca



HOROSCOPE

Week of March 26, 2007



Aries

March 21 - April 19

Your inventive mind means possibilities are endless whenever a situation arises. While your drive matches your mindset, it makes it harder for you to admit when possible becomes impossible. Don't deny it, not everything works out.



Libra

September 23 - October 22

You're the icebreaker in conversations as your social skills make you a magnet for attention while your friendly personality makes it easy for others to talk to you. Don't lose your whimsical charm; it's who you are.



Taurus

April 20 - May 20

Quick to anger is your forte since you find no reason to hold back what you're feeling. Luckily for you, you are also quick to forgive. Don't forget the latter of your personality no matter the situation, everyone needs forgiveness.



Scorpio

October 23 - November 21

Seeing green? It's not your eyes but rather your envious side creeping up. You tend to have a jealous nature and don't like when the things and people you love are also the interests of others. Jealousy isn't flattery, merely insecurity.



Gemini

May 21 - June 21

Knowledge is power; at least you believe it is. You enjoy learning about things that matter or can make a difference and try to take an active role in what you've learned. The more you know, the more likely you are to succeed.



Sagittarius

November 22 - December 21

History often repeats itself and usually with things you'd rather leave in the past. You have a hard time learning from your mistakes but need to if you want to avoid future disasters. Don't be ashamed of your faux pas, you're human.



Cancer

June 22 - July 22

You are a little hypocritical and do yourself no good by it. You hate to see pain and suffering yet you neglect your own feelings, to avoid confrontation. Don't get lost in emotions you can't stand to see others go through.



Capricorn

December 22 - January 19

Your brain is always on the go with either thought or worry and often both. Staying on top of things and making sure everything works out is good, but you'll find yourself exhausted if you try to keep it up. Let go, a break never hurt.



Leo

July 23 - August 22

You like to have the upper-hand and want people to think of you as superior in any situation. You are sitting on a very high horse and with your impatience and bossiness that tend to creep up, don't be surprised if you get knocked off several times.



Aquarius

January 20 - February 18

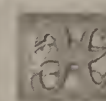
You know who you are and have no problem enlightening those who don't. You hold strong to your opinions and ideas and often have a hard time working with others. Don't hide your opinions, but don't dominate others as your ideas may not always be the best choices.



Virgo

August 23 - September 22

Organization and planning are two of your best skills and your work proves that. You are a bit of a perfectionist which means anything not done your way usually isn't right. No matter how organized or well planned things are, something can always go wrong.



Pisces

February 19 - March 20

When you commit yourself to something you never shy away as your passions keep you thoroughly involved. Passion is your driving force which needs to be shown more often as it brings out your true colours. Don't hide who you are, it's all people can expect.



Tiffany McCormick is a third-year journalism student holding fate in the palm of her hand.

Men's indoor soccer team fighting for gold at provincials

By ALEX MCNANNEY

When you have the chance to be the best college indoor soccer team in the province, usually you have few, if any, flaws.

But for the Conestoga College men's indoor soccer team, they have had one glaring problem that head coach Geoff Johnstone is hoping can be fixed. The team will be playing in the Ontario College Athletics Association championships, and Johnstone wants his team to be ready from the opening whistle.

"We've lost the first game of every tournament we've been in," said Johnstone.

Having a slow start only makes things difficult for a team, especially in tournament play. Johnstone said while the team has played well overall, he would still like to see the problem corrected.

"The team's just not there," he said.

But Johnstone said the players have started to talk about the slow starts, and he is hoping they can fix it themselves.

"We maybe need to put a ban on

"This is one of the hardest working teams I've ever had, in practices and in games," he said.

Johnstone said he admires the team's gritty style and how every player can play offensively or defensively. They may not have been the best strikers, but Johnstone said that's not what he was looking for.

"I probably cut two or three guys who were more skilled than some of the guys I got, but they just weren't working," he said.

"They were just standing around shrugging, wanting the ball in their feet and to be a superstar."

Johnstone said he thought it was a wake-up call for the finesse players he passed on.

"It was horribly insulting when I cut them," he said.

Johnstone said looking ahead to the provincial tournament, he thinks this will be the toughest test for his team this season, but

thinks they can handle it.

"If we play at the top of our game, I think we can win the tournament," he said.

The tournament includes two university teams, Trent and Niagara, both which have low populations. Johnstone said that is not uncommon in indoor soccer.

"The small universities who feel like they can't compete with the likes of U of T or Western come in," he said.

"I think they think it will be easier, but it's not."

And do not count on seeing the top college indoor soccer team against the top university team.

"I think the universities probably wouldn't go for it, because they can't win," Johnstone said.

"If they do win, then people will say 'oh that's supposed to happen,' and if they lose they'll say 'oh look at you losing to a college team.'"



(Photo by Adam Black)

The men's indoor soccer team prepares for the OCAA finals at the recreation centre. The Condors are working on in-game discipline, working together as a team and eliminating the slow tournament starts that have plagued the team all season.

"This is one of the hardest working teams I've ever had, in practices and in games."

Geoff Johnstone,

varsity men's

indoor soccer coach

talking about the slow starts," he said.

"Just focus on the game, what we need to do in the game."

Johnstone said he is confident in this year's squad, whom he has been very pleased with.



↑ Top 10 RealTrax™ ring tunes

Week of March 19

1. Cupid's Chokehold
- Gym Class Heroes
2. Don't Matter
- Akon
3. Glamorous
- Fergie
4. Irreplaceable
- Beyonce
5. On The Hotline
- Pretty Ricky
6. Outta My System (feat. T-Pain)
- Bow Wow
7. Poppin'
- Chris Brown
8. Rock Yo Hips
- Crime Mob
9. This Is Why I'm Hot (Chorus)
- MIMS
10. You
- Lloyd

Text "PLAY" to 4800 on your Rogers wireless phone to download your favourite ring tunes today.



This could be your laundromat.
Ça pourrait être votre buanderie.

www.canada123go.ca 1-877-go123go

TRAVEL & WORK ABROAD
VOYAGER ET TRAVAILLER À L'ÉTRANGER

Foreign Affairs and International Trade Canada
Affaires étrangères et Commerce international Canada

Canada

Odd band out at Phil's

By AARON SCHWAB

A Moments Embrace knows what it's like to be the odd band out.

The Kitchener quintet – vocalist Adam Dougherty, guitarists Andrew Collins and Andrew Dougherty, bassist Chris Collins and drummer Luke Allen – played at Phil's Grandson's on March 15 as part of the bar's third Throwdown Thursday concert in as many months.

Notably, they are the only non-heavy metal band to have played at the bar to date.

The lineup that night included metal acts Guelph's Dear Black Diary and London's Shores of Normandy.

"Most of our band had been going to Throwdown Thursday for a while now," Allen said of Waterloo's only all-metal bar night.

"I wasn't sure how the crowd would feel about our band playing a metal show when we clearly aren't a metal band and never claimed to be."

*Andrew Dougherty,
A Moments Embrace*

"Andrew (Collins) ended up becoming quite the regular at Phil's and got to know a few of the staff, and he gave them one of our CDs to spin on Thursdays, before they started putting on shows at the beginning of this year.

When they were looking for bands for the 15th, (head bartender) Tony approached us about it and we were more than happy to play the show."

A self-proclaimed mix of progressive rock and post-hardcore styles of music, A Moments

Embrace felt a little pensive about playing on a bill with all metal bands.

"I could definitely feel a different vibe during our set that night."

Andrew Dougherty

"At first, I think we were all a little worried about how it would go over," Andrew Dougherty said. "I wasn't sure how the crowd would feel about our band playing a metal show when we clearly aren't a metal band and never claimed to be, but I realized that most of the people at the show were there to have some drinks, have some fun and listen to live music.

"The other bands reassured us everything would be fine – they joked with us about not being metal and singing about 'our feelings,' but it was all in good fun."

Dougherty said he feels the band's set was adversely affected because of their different style.

"I could definitely feel a different vibe during our set that night," he said.

"I really like responding to the energy of the audience and since we were a different style than the rest of the bands, there wasn't a lot of energy there."

Guitarist Andrew Collins disagreed with Dougherty, stating that he felt their set was affected in a good way, despite the difference.

"I felt because we aren't metal, we tried to play a really tight and energetic show to leave our mark."

A Moments Embrace is currently busy working on new material. Their debut CD, *If It Were Now to Die*, is available at Amazon.ca. For more information, visit www.amomentsembrace.com or www.myspace.com/amomentsembrace.



(Photo by Aaron Schwab)

Guitarist Andrew Dougherty performs with A Moments Embrace at Phil's bar on King Street near University Avenue in Waterloo on March 15.

REDUCE

RE-USE

RECYCLE



PITCH-IN CANADA
www.pitch-in.ca

Away from Her hits close to the heart

By CARA LIGHTY

There wasn't a dry eye in the theatre after the film *Away from Her* premiered at the Princess Theatre, March 15.

The movie is an especially well done depiction of a couple struggling to make their marriage of 44 years survive when Fiona (Julie Christie) develops Alzheimer's and is moved into a nursing home. However, her husband Grant (Gordon Pinsent) is not allowed to visit for the first 30 days to allow her to get settled.

During these 30 days Fiona forgets she has a husband and falls in love with another man. Watching Grant's reaction to his wife's new affection is heartbreaking, and it makes it even more difficult to watch when flashbacks of their marriage show how much she once cared for him.



Canadian director Sarah Polley said Alzheimer's is a very sad disease and should be recognized as such, and that is why some of the proceeds from the premiere went to the K-W Alzheimer Society.

"I had so much fun making this movie," said Polley, who attended the screening. "I hope that in doing so, people will get a real feel for what this disease is capable of. It's so great that all of these people have come out to support this movie."

During a special question and answer period after the film, Polley even made a point of encouraging

the audience to make a donation to the booths that were set up during the reception for Alzheimer's research.

Despite being a bit depressing at times, this movie really seemed to touch everyone in the audience.

Marjie Richardson, a 19-year-old Kitchener woman, said she couldn't imagine what it would be like to forget the person you've spent nearly half a century with.

"You just feel so bad for her husband throughout the whole movie. It really is heartbreaking," she said. "And what's worse is that these things actually happen."

The premiere was a success with a sold out audience who were definitely not disappointed in the film.

(Photo by Cara Lighty)

Sarah Polley, director of *Away from Her*, stands in front of a poster promoting the film.

